Lastly, thank you for continuing your commitment to keeping our campus safe during these unprecedented times, and I am pleased to share some campus highlights and things to look forward to:

Coppin State University students, faculty, and staff continue to make differences in an array of areas, and I am pleased to share some campus highlights and things to look forward to:

This Black History Month, let’s make a long-term commitment to impacting our community by doing something very personal – taking care of our hearts. This includes eating healthy foods and drinks, keeping a healthy weight, getting regular physical activity, and regularly getting medical attention. The Centers for Disease Control and Prevention (CDC) recommends choosing healthy habits, such as eating healthy foods and drinking water, being physically active, and getting regular medical attention. The CDC advises to see a doctor or healthcare professional for guidance when planning a heart healthy lifestyle.

The good news is, African-Americans can improve their odds of preventing and beating these diseases by understanding the risks and taking simple steps to address them. The CDC, for example, provides information on the importance of regular screenings and how to manage conditions such as diabetes and hypertension. The CDC also provides guidance on how to find a healthcare provider.

Disease control and prevention are critical to the health of our community. The CDC provides resources and guidance to help individuals make healthy choices and prevent diseases. The CDC also provides information on how to find a doctor or healthcare professional for guidance when planning a heart healthy lifestyle.

Dear Eagle Nation:

Last week, I announced that I will be taking the COVID-19 vaccination, as soon as I can safely do so. In this week’s podcast, I shared my thoughts on the importance of getting vaccinated and reminded everyone to get vaccinated as soon as possible. I also wanted to share some thoughts on the importance of Black History Month and American Heart Month.

In addition to this being Black History Month, February is also American Heart Month. These two observances are more connected than you may realize. Heart disease is the number one killer of all Americans, but it’s even higher for African-Americans. In fact, deaths from heart disease are higher among African-Americans than white Americans and any other ethnic group. The African-American population is projected to become the majority of the U.S. population by 2044, and it’s critical that we address the disparities in heart disease.

In 2021, COVID-19 vaccines.

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President Anthony L. Jenkins, Ph.D.

for an Academy Award nomination in the category of Short Film Considered. Coppin Professor’s Film Recognized at Miami's Annual T Ball

Dr. Kokahvah Zauditu-Selassie, CSU professor of humanities.

Join me in congratulating Dr. Dr. Kokahvah Zauditu-Selassie, CSU professor of humanities.

Kokahvah Zauditu-Selassie, Coppin Professor’s Film Recognized at Miami's Annual T Ball

By writing a letter or email to your local public officials, you can make a difference in the lives of others. You can also call your local elected officials and ask them to listen to your concerns. By speaking out, you can make a difference in your community. By doing something very personal, such as choosing healthy habits, you can make a difference in your community.

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