

Sports Medicine Concentration

Sports Medicine Course Requirements (124 Credits)

- [Core Requirements](#)
 - [Required Health And Knes Courses \(38 credits\)](#)
 - [Biology Courses \(8 credits\)](#)
 - [Physical Education Electives \(4 credits\)](#)
 - [General Education Requirements](#)
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Core Requirements

SPMT 101 Sport Governance & History	3
SPMT 201 Facility, Equip. & Event Management	3
SPMT 243 Psychological Aspect of Sports	3
RECR 331 Community Recreation & Fitness	3
SPMT 332 Sports, Ethics & The Law	3
RECR 339 Problems in Urban Rec. & Sports	3
SPMT 435 Org. & Administration of Recreation	3
SPMT 400 Sports Management Practicum (Seniors only)	6
Total Credits	27

Required Health And Knes Courses (38 credits)

HLTH 110 *Drug Abuse Education (meets GER)	3
HLTH 201 First Aid & Safety Education	2
HLTH 205 Nutrition, Exercise & Weight Control	2
HLTH 420 Community Health	3
KNES 202 Care & Prevention of Athletic Injuries	3
KNES 301 Kinesiology	3
KNES 302 Physiology of Exercise (eff. Spring 2008)	3

KNES 303 Athletic Training (eff. Spring 2008)	3
KNES 321 Athletic Training Management	3
KNES 322 Pathology of Athletic Injuries	3
KNES 333 Biomechanics	4
KNES 427 Therapeutic Athletic Exercise	3
KNES 428 Therapeutic Athletic Training Modalities	3
Total Credits	38

Required Biology Courses (8 credits)

BIOL 201 Human Anatomy & Physiology I	4
BIOL 203 Human Anatomy & Physiology II	4

Physical Education Electives (4 credits)

PHED 103 Aerobic Fitness	3
PHED 151 Swimming	1
PHED 231 Introduction to Adapted Physical Education	2
PHED 241 Intramural Sports	2
PHED 251 Football/Badminton/Weight Training	2
PHED 252 Basketball/Volleyball/Track	2
PHED 253 Senior Life Saving	1
PHED 351 Tennis/Racquetball/Paddle Gm.	2
PHED 352 Soccer/Softball/Individual Activities	2
PHED 451 Golf/Archery/Aerobic Training	2

General Education Requirements

Category I

ENGL 101	*English Composition I	3
ENGL 102	*English Composition II	3

Category II

Arts & Humanities (18 Credits)

WLIT 203 or 204	*World Literature I or II	3
ANY 200	*Any 200+ ENGL, JRNL or WLIT	3
PHIL 102 or 201	*Intro. to Logic or Philosophy	3
HIST 201	*U.S./World/AA History I & II	6
MISC	*ART 105/MUSC 201/THEA 211/DANC 226/IDIS 102 or 103/or a Foreign Language	3

Category III

Social Sciences (6 Credits)

PSCY 201	*General Psychology	3
ECON 201	Introduction to Economics	3
ANTH 207	Cultural Anthropology	3
POSC 301	United States Government	3
SOCI 201	Introduction to Sociology	3
SOCI 200	Introduction to Social Science	3

Category IV

Mathematics (3 Credits)

MATH 131	College Algebra (eff. Spring 2008)	3
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Category V

Natural Sciences (7-8 Credits)

BIOL 101	*Biological Science	4
CHEM 101	General Chemistry	4
PHSC 101	Physical Science	4
PHSC 103	Technology & Human Affairs	3

Category VI

Emerging Issues (6 Credits)

HLTH	*Any 3 cr. Health Course (100 or 200 level)	3
SPCH 105	Introduction to Speech Comm.	3
SPCH 202	Principles & Practices of Interviewing	3
SPCH 204	Critical Listening	3

Category VII

Technology Fluency (3 Credits)

MISY 150	*Technology Fluency	3
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***Required Course**