

CSU e-Health Education Project: UNCFSP/NLM

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o Project Abstract

The proposed Coppin State University (CSU) eHealth Education Project will implement a program designed to increase awareness of, access to, and use of the National Library of Medicine (NLM) online health resources. Coppin State University, an HBCU and entirely wireless campus, has an enrollment of four thousand students that is 94 percent African American, (CSU Student Profiles, 2006). CSU students, their families, peers, and neighbors are disproportionately affected by chronic diseases such as diabetes and heart disease. The research emphasis for this project will address the prevalence of diabetes, and how innovative approaches may reduce its major contributors—overweight and obesity—through lifestyle changes among African Americans on campus and in Baltimore City. The CSU eHealth Education Project, 2007-2008 will be the initial phase of a three year curriculum development and evaluation plan that includes incorporating the National Library of Medicine (NLM) Databases into all health education courses by spring 2010. During the fall semester 2007, a cadre of project staff members, health education faculty members, student peer educators, and community representatives from the Baltimore City Health Department and the Coppin Heights Community Development Corporation will receive special training in the utilization and dissemination of NLM Databases by NLM Trainers, and subsequent additional training and supervised practice sessions by project staff and staff from the Parlett Moore Library and the Division of Information Technology. The health education faculty will introduce NLM database infused syllabi to students and assess their response at the end of the semester. During the spring semester 2008, this group of trainers will provide NLM database awareness sessions for a least seven health education classes, conduct three campus-wide NLM awareness forums, and two community-based NLM workshops.

The Award: National Library of Medicine HBCU eHealth Access Project - The UNCFSP/NLM HBCU eHealth ACCESS Project (HBCU ACCESS) promotes disease prevention and wellness on HBCU campuses and in their surrounding communities through the use of online health resources provided by the National Library of Medicine (NLM). The Coppin State University (CSU) eHealth Education Project was awarded a grant for the October 1, 2007 - September 30, 2008 project year. The goals and objectives (see Objectives Section of this Report) guided the work of the CSU project staff. The goals of the CSU eHealth Education Project were:

- **Goal 1:** Train a cadre of project staff members, health education faculty members, student peer educators, and community representatives (TOT Group) in the utilization of NLM online resources to serve as trainers of others on campus and the surrounding communities at Coppin State University (CSU).
- **Goal 2:** Increase utilization and dissemination of NLM online resources by infusing the NLM database information into all undergraduate health education course syllabi at Coppin State University (CSU).

- **Goal 3:** Increase awareness, access, and dissemination of information about NLM online resources to others on campus and targeted residents from underserved areas of Baltimore City.
- **Goal 4:** Measure the awareness and utilization of NLM online databases among campus and community participants.

For additional information about the CSU eHealth Project, please contact the principal Investigator via email at bsimon@coppin.edu